

## DUHS Adult Targeted Duration of Antimicrobial Therapy

Duration recommendations are provided as a general guideline for therapy (IV or PO) with a goal of minimizing unintended consequences to the patient. Patient specific factors (e.g. immunocompromised host) should influence duration decisions and transition to oral therapy.

Questions? Page 970-GERM or the Antimicrobial Stewardship Evaluation Team (ASET) Pharmacist at 970-6666

INFECTION	TARGETED DURATION (IV or PO)
<b>Genitourinary infections (Bacterial)</b> <i>UTI: Urinary Tract Infection; uUTI: uncomplicated; cUTI: complicated</i>	
<b>uUTI</b> Confined to bladder in afebrile women or men; CA-UTI WITHOUT systemic symptoms	Nitrofurantoin: 5 days Trimethoprim/sulfamethoxazole: 3 days Fluoroquinolones: 3 days Beta-lactams: 7 days
<b>cUTI</b> Upper Tract, above the bladder including kidney and ureters; CA-UTI WITH systemic symptoms <ul style="list-style-type: none"> <li>Pyelonephritis</li> <li>Febrile or bacteremic UTI</li> </ul>	Improving clinically on effective therapy <ul style="list-style-type: none"> <li>5-7 days fluoroquinolone</li> <li>7 days non-fluoroquinolone</li> </ul>
Prostatitis	Acute: 2 weeks; Chronic: 4-6 weeks
<b>Genitourinary infections (Candida sp.)</b>	
Vulvovaginal candidiasis	Fluconazole 150 mg once
Asymptomatic candiduria	Treatment not recommended unless patient is high risk: Neutropenic, low birth-wt neonates, or undergoing invasive urologic procedures
Symptomatic candiduria	Fluconazole: 14 days Fluconazole-resistant strain: amphotericin B x 1-7 days or flucytosine x 7 days
Pyelonephritis	14 days
<b>Respiratory tract infections</b>	
Bacterial rhinosinusitis	5 days
Streptococcal pharyngitis	Beta-lactam, clindamycin, clarithromycin: 10 days Azithromycin: 5 days
COPD exacerbation	No change in character of sputum: no antibiotics 5 days if increase in volume and purulence of sputum
Community-acquired pneumonia (CAP)	3-5 days Duration determination: ensure afebrile for 48-72 h and have $\leq 1$ CAP-associated sign of clinical instability
HAP/VAP	7 days
<b>Skin and skin structure infections</b>	
Cellulitis, uncomplicated	5 days
Cellulitis, complicated	7 days
<b>Diabetic foot infections</b>	
Soft tissue only, mild	1 week (less if clinical signs & symptoms of infection have resolved)
Soft tissue only, moderate	1 week
Soft tissue only, severe	2 weeks
<b>Osteomyelitis</b>	
Amputation	No residual infected bone and tissue: 24 – 48 hours after amputation Residual infected bone and tissue: 4 – 6 weeks
<i>Staphylococcus aureus</i>	6 weeks (may consider additional 1 – 3 months of rifampin-based PO <b>combo</b> therapy; longer for chronic infection or if debridement not performed)
Other bacterial pathogens	3-6 weeks from last major operative debridement
<b>Septic arthritis</b>	3 weeks (may switch to PO at 7 days)
<b>Intra-abdominal infections</b>	4 days following source control and resolved clinical signs of infection resolved; refer to <a href="#">CustomID: Intra-abdominal infections</a> for further guidance
<b><i>Clostridium difficile</i></b>	Discontinue offending antibiotic if receiving and possible then treat 10 days
<b>Catheter-related bloodstream infection, uncomplicated</b> (fever resolves within 72 hrs, immunocompetent, no hardware, and no evidence of endocarditis or suppurative thrombophlebitis). Please see Antibiotic Lock Therapy Policy on <a href="http://CustomID.org/policies">CustomID.org/policies</a> for information on this topic.	

Prepared by: ASFET

PMMC Approved: 11.7.2016; 5.6.24; 10.6.25

ASFET Reviewed: January 2020; April 2024; Sept 2025

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Short-term catheter (in situ < 14 days)	
<ul style="list-style-type: none"> <li>Catheters should be <b>removed in all cases</b></li> <li>Day 1 is the first day on which negative blood cultures are obtained</li> </ul>	
Coagulase-negative staphylococci	5 days
<i>Enterococcus</i> sp.	7 days
Gram-negative bacilli	7 days
<i>Staphylococcus aureus</i> , <i>Staphylococcus lugdunensis</i> , or <i>Candida</i> sp.	ID consult required; typical duration: ≥ 14 days
Long-term catheter or port (in situ > 14 days); Please see Antibiotic Lock Therapy Policy on CustomID.org/policies for information on this topic.	
<ul style="list-style-type: none"> <li>Catheter should be <b>removed for <i>S. aureus</i>, <i>S. lugdunensis</i> or <i>Candida</i> sp.</b></li> <li>Catheter may be retained for coagulase-negative staphylococci, <i>Enterococcus</i> sp., or Gram-negative bacilli; if clinical deterioration or persisting bacteremia occurs, the catheter should be removed and complicated bacteremia ruled out</li> <li>Day 1 is the first day on which negative blood cultures are obtained</li> </ul>	
Coagulase-negative staphylococci	10 days; If catheter retained, use antibiotic lock therapy in combination
<i>Enterococcus</i> sp.	7 days; If catheter retained, use antibiotic lock therapy in combination
Gram-negative bacilli	7 days; if catheter retained, use antibiotic lock therapy in combination 10 days
<i>Staphylococcus aureus</i> , <i>Staphylococcus lugdunensis</i> , or <i>Candida</i> sp.	ID consult required; <i>S. aureus</i> uncomplicated 2 weeks, complicated 4-6 weeks; <i>Candida</i> spp 2 weeks
<b>Endocarditis</b>	<b>Strongly recommend ID consult; ID consult required for <i>S. aureus</i>, <i>S. lugdunensis</i>, or fungus</b>

  

<b>Meningitis</b>	
<i>Neisseria meningitidis</i> or <i>Haemophilus influenzae</i>	7 days
<i>Staphylococcus aureus</i>	14 days
<i>Streptococcus pneumoniae</i>	10 days
<i>Streptococcus agalactiae</i>	14 days
Aerobic Gram-negative bacilli	21 days
<i>Listeria monocytogenes</i>	≥ 21 days
<b>Brain abscess, subdural empyema, spinal epidural abscess</b>	≥ 4 weeks

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